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In Latin, Meta translates to “*shifts*” or “*higher levels*” and Logia is “*learning*.”
 At Meta Logia, corporate groups and teams are assisted in increasing their productivity and morale through Leadership Development and Training. Leadership Teams benefit with facilitated strategic planning through needs analysis, creating a compelling mission and aligning goals and actions.

Laura Arellano is a Consultant and Trainer specializing in Leadership Development and Group Dynamics. As Principal of Meta Logia, her years of corporate experience in Human Resources, Training, Development and Operational roles enhances her partnerships with businesses that demonstrate their commitment to their employees by investing in the growth and development of their people. Using Adult Learning Principles her clients’ quality of life is enhanced with professional skill development that is fun and inspiring. Highly interactive, her brain-based training style keeps participants involved in their learning and compelled to apply their improved interpersonal skills.

Certifications and experience include NLP (Neuro-Linguistic Programming) Master Practitioner, Group Dynamics, Myers Briggs and other Personality Assessments, Instructional Design, Franklin Covey Courses, Synchronicity Leadership Mastery and Adjunct Faculty Member for University of Utah and Weber State University.

Current President of Utah Woman’s Alliance for Building Community (UWABC), Past President of the Utah Chapter of American Society of Training and Development (ASTD), Board member of Women’s Democratic Club, Salt Lake County Democratic Party 2nd Vice Chair and active member of various other non-profit community-based organizations.

Client List

American Family Insurance	Nature’s Way Supplements
Applied Technology Centers	Novell
Associated Food Stores	Oklahoma Department of Transportation
ATK Thiokol Propulsion	PageNet
Autoliv Inflator	Page Unified School District
Barnes Aerospace	Parker Hannifin
Beneficial Life Group	Petersen
Burton Group	Power Electric
CRG Commerce	Prudential Real Estate
Cyprus Credit Union	Questar Gas
Davis County	Railworks
Defense Information Systems Agency	Salt Lake Community College
Dixie State College	Salt Lake County Courts System
Evans & Sutherland	Salt Lake Dept of Commerce
First Data Corporation	Samsung - Korea
FMC Jetway Systems	Sandy City
Fox Photo Color Lab	Sigma Breakthrough Technologies
Global Crossing	Snowbird Ski Resort
Golden West Credit Union	Tube Lines - Innermost UK
Hill Air Force Base	University of Utah
Iomega	Utah Department of Transportation
L3 Communications	Wachovia Financial Services
Lewis Walcott & Dornbush	Weber State University
Market Design Media	Westinghouse
Murdock Group	

Keynotes and Conference Breakouts

AIICE Quality Conference
 American Express
 American Society of Quality
 American Society for Training and Development
 International Conferences
 Clemson University Professional Development for
 Women Conference
 Corporate Administrative Management
 Conference
 Custom Fit Council
 Federal Executives Association
 Financial Network National Conferences
 Indian River State College Professional
 Enhancement Conference
 Institute for the Advanced Studies of Health
 International Customer Service Association
 National Association of Business Women Owners
 Northern Utah HR Association
 People Helping People
 Salt Lake City Library Systems
 Society of Human Resource Management
 Utah Judicial Institute
 Wells Fargo Woman and Business Conferences